Tentative list Martial Arts to be taught (Tentative as of 2/15/2011):

- ***Aikido, Aikijutsu, Basic Ground techniques/Grappling, Weapon Defense***
- ***Other defensive arts to be determined***

We are still forming this year's roster of arts. If your school or art would like to teach and showcase your art, please call us, we may have time available.

Registration:

Pre-registration - $40.00
(*Mail form below to*: Southern Branch YMCA 100 Constitution Ave., Shrewsbury, PA 17361. *Or call*: Southern YMCA at 717-235-0446. You may fax the registration to the YMCA at 717-227-9005.)
Door - $50.00
Directions: (Click here to launch browser)

Further contact:

Debbie Burk Email: jujitsudb5@rocketmail.com Ph: (717) 993-6745	**Mike Balog** Email: skidsel@yahoo.com Ph: (443) 255-7806

NOTE: Lunch will be "on your own" at any nearby place. There is a nearby Pizza Hut, Chick-Fil-A, Arby's, McDonalds, and a couple sandwich shops. There is a Subway sandwich shop next to the YMCA. Also, the last several years many went to the local Japanese Steakhouse after the seminar – at the beginning of the seminar let us know if you will join us.

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Pre-registration: (Mail this form with payment to: OR FAX (BELOW)

We build strong kids, strong families, strong communities.	**Southern York YMCA** 100 Constitution Ave., Shrewsbury, PA 17361 phone: (717) 235-0446

Contact Information:

Full name: _____ Phone:_____
Mailing Address _____
_____
Email _____

Fax Registration: (to YMCA at 717-227-9005)

Type: _____Visa _____MasterCard
Credit Card #: _____
Name on Credit Card: _____
Expiration Date: _____
Phone #: _____

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